



May



Mount Vernon School District

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
1-May MAX Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	2-May Chicken Burger French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	3-May Spaghetti & Meatsauce Breadstick Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	4-May Burrito w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	5-May Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & 1% Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & 1% Milk</i>	Mini Cinni or Strawberry Bagel Bar <i>Fresh Fruit & 1% Milk</i>	Breakfast Pizza <i>Fresh Fruit & 1% Milk</i>	Cinnamon Roll <i>Fresh Fruit & 1% Milk</i>
8-May Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	9-May Sloppy Joes Coslaw Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	10-May Mac and Cheese Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	11-May Chicken Soft Taco w/ Pico Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	12-May Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & 1% Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & 1% Milk</i>	Mini Cinni or Strawberry Bagel Bar <i>Fresh Fruit & 1% Milk</i>	Breakfast Pizza <i>Fresh Fruit & 1% Milk</i>	Frosted Long John <i>Fresh Fruit & 1% Milk</i>
15-May Chicken Strips Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-May Ham and Cheese Sandwich Lays Potato Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	17-May Chili Con Carne Corn Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	18-May Turkey Taco Nachos w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	19-May Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & 1% Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & 1% Milk</i>	Mini Cinni or Strawberry Bagel Bar <i>Fresh Fruit & 1% Milk</i>	Breakfast Pizza <i>Fresh Fruit & 1% Milk</i>	Cinnamon Roll <i>Fresh Fruit & 1% Milk</i>
22-May Mandarin Orange Chicken Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk	23-May Hamburger Applesauce Cup Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-May Popcorn Chicken Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	25-May Beef Hard Shelled Taco Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	26-May Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
Cereal Choice & Cracker <i>Fresh Fruit & 1% Milk</i>	Pancake & Sausage on a Stick <i>Fresh Fruit & 1% Milk</i>	Mini Cinni or Strawberry Bagel Bar <i>Fresh Fruit & 1% Milk</i>	Breakfast Pizza <i>Fresh Fruit & 1% Milk</i>	Frosted Long John <i>Fresh Fruit & 1% Milk</i>

This institution is an equal opportunity provider and employer. Menu subject to change without notice.

Questions? Call David Connors, Food Services Director, at (360) 428-6149.